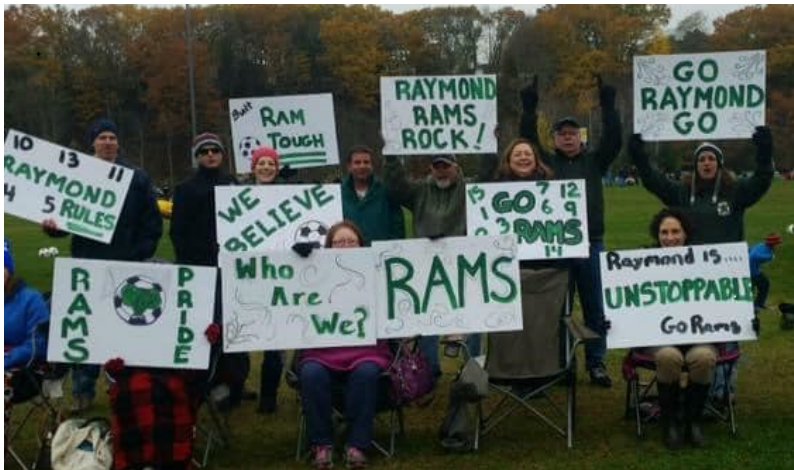




## COVID-19 REOPENING GUIDELINES





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## COVID-19 PREVENTION

Raymond Soccer Club (RSC) is committed to safely reopening play by following the State of New Hampshire's Safer at Home Amateur & Youth Sports Reopening Guidance as published by the Governor's Economic Reopening Taskforce.

**As of the publishing of this document, the State of New Hampshire has approved youth sports for Phase 3 reopening.** The State of New Hampshire's guidance on youth sports can be viewed at [www.covidguidance.nh.gov](http://www.covidguidance.nh.gov)

**IMPORTANT: Raymond Soccer Club reserves the right to ask players, coaches, volunteers, parents/guardians, spectators or others who do not comply with the guidelines in this document to leave practices, games, training sessions, or other RSC events for the safety of others.**

## GENERAL GUIDANCE FOR PLAYERS, VOLUNTEERS, & SPECTATORS

- Volunteers, players, spectators, and others attending RSC events should maintain a distance of at least 6 feet from others.
- All RSC volunteers and athletes should bring to sporting events and wear, reusable/washable cloth face coverings over their nose and mouth when around others and not actively engaged in athletics and when social distancing is difficult to maintain.
- Parents/guardians of minors and other spectators attending RSC practices, games, and other sporting events should wear cloth face coverings while around other spectators, staff, volunteers, and athletes when social distancing is not possible.
- RSC will make available alcohol-based hand sanitizer with at least 60% alcohol to volunteers and athletes. RSC coaches and community partners will keep this alcohol-based hand sanitizer with equipment at all times. Frequent hand hygiene is required.
- RSC will clean and disinfect all shared equipment between use following [CDC guidance](#).
- Commonly touched surfaces and areas will be cleaned and disinfected according to CDC guidance at the end of each event. Note that [CDC guidance](#) states outdoor areas generally require normal routine cleaning and do not require disinfection.



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## FACILITIES, EVENTS, & EQUIPMENT

Raymond Soccer Club will comply with all Town of Raymond guidelines as well as those outlined by the State of New Hampshire for return to play for amateur and youth sports by taking the following actions:

- The bathroom facilities at Cammett Field are open.
- In order to limit sharing of equipment, Teams (Competitive and Developmental) will be assigned their own pinnies, goalie gloves, and cones. Players are not permitted to share pinnies during practices or games. Coaches or a designated team parent volunteer are required to collect and launder pinnies after each session and before the next use. Any equipment used from the club shed (Pugg Nets, flags, ect) must be cleaned and stored back in the shed.
- Sharing of goalie gloves and shirts by any players during games or practices is not permitted.
- Social distancing must be observed in the bench or tent areas during practices, games, or training sessions.
- Players are required to bring their own soccer ball to practice and games.
- Coaches are required to clean any additional soccer balls they supply for practice as well as game balls after each use.
- All equipment bags, backpacks, and other gear will be placed 6-feet apart during practices, games and training sessions. During games it is suggested players bring chairs for additional seating to be set apart 6'.
- Every Competitive and Developmental player will be provided hand sanitizer with at least 60% alcohol for coaches and players to use at games and practices as recommended by according to CDC guidance..
- To allow for spectators, players, coaches, and volunteers to exit the fields and avoid interaction with other incoming or exiting teams/groups, Raymond Soccer Club will stagger the scheduling and fields for both games and practices.



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## COACHES & VOLUNTEERS

Raymond Soccer Club relies on volunteer coaches to help run our programs. The requirements below are important to maintaining the safety of our players, volunteers, spectators, and coaches themselves. We encourage coaches to recruit one or more parent volunteers to help with these guidelines.

- Prior to the start of the season, coaches and volunteers are required to participate in provided training about safe practices and games as it relates to hygiene, sanitation (cleaning and disinfection policies), and illness policies outlined in the Universal Guidelines and in this document. Names of any parent volunteers for each team must be provided to the RSC Board to ensure training is provided.
- Coaches and other volunteers are not permitted to transport any players to/from practices, games, or training sessions that are not immediate family members.
- Raymond Soccer Club requires all coaches and volunteers be screened prior to each practice, game, and training session in accordance with New Hampshire's Amateur & Youth Sports guidelines by taking their temperature and completing an online or in person questionnaire to answer the following:
  - Have you had a fever of 100.4 degrees F or higher within the last 48 hours?
  - Have you had any close contact with someone who is suspected or confirmed to have had COVID-19 in the past 14 days. (NOTE: Healthcare workers caring for COVID-19 patients while wearing appropriate personal protective equipment should answer "no" to this question)
  - Have you traveled in the past 14 days:
    - Outside of the U.S.
    - By cruise ship, or
    - Within the U.S. outside of New England on public transportation (eg, bus, train, plane, etc.)

**Coaches and volunteers who answer 'yes' to any of the above questions are not permitted into the practice, game, or training session. The practice, game, or training session will need to be run by team volunteer, other coach, or cancelled. In addition, the coach or volunteer answering 'yes' is required to self-isolate or self-quarantine before returning to any practice, game, or training sessions in accordance with New Hampshire's Amateur & Youth Sports guidelines.**



- Coaches are not permitted to schedule 'friendlies' practices, games or training sessions with teams outside of New England.
- Coaches will be provided and must make available during each practice, game, and training session hand sanitizer with at least 60% alcohol.
- Coaches must designate an isolation area at the beginning of every practice, game, and training session for anyone who develops COVID-19 symptoms. Coaches and volunteers should not attend practices, games, or training sessions if they feel sick.
- During practices and training sessions, coaches are required to have no more than two teams per field.
- Coaches and volunteers are required to bring to practices, games, and training sessions reusable/washable cloth face coverings that cover their mouth and nose. Coaches and volunteers are required to wear these face coverings upon arrival and departure from practices, games, and training sessions at Cammett Field and whenever social distancing is difficult to maintain. This includes in the parking lot, and when moving to and from fields.
- During games and practices, coaches will mark with cones in increments of 6ft of distance for players to keep their equipment.
- Coaches will be provided a hard-copy of these guidelines at the beginning of the season. Coaches are required to keep a hard-copy of these guidelines in their bag during all RSC practices, training sessions, and games. Players and participants are required to bring their own soccer ball to practices and games. During games it is suggested players bring their own chairs to be set apart 6 feet. All equipment bags, backpacks, and other gear will be placed 6-feet apart during practices, games and training sessions as marked by coaches.
- Players and participants should bring their own water bottles and snacks, including half-time snacks at games. Sharing half-time snacks, water, or snacks at practices is not permitted. Players should bring a bag to hold their trash and store this in their backpack.
- Players and participants should not attend practices, games, or training sessions if they feel sick.
- Players and participants are required to bring to practices, games, and training sessions reusable/washable cloth face coverings that cover their mouth and nose. They are required to wear these face coverings upon arrival and departure from practices, games, and training sessions whenever social distancing is difficult to maintain.
- RSC encourages players to carry personal hand sanitizer in their equipment bags.



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## PARENTS/GUARDIANS & SPECTATORS

Parents/guardians and spectators play an important role in helping to comply with New Hampshire state guidelines and keep our return to play safe. They also set an example and act as role models to our players, encouraging players to comply with the guidelines outlined by the State of New Hampshire, City of Dover, and in this document.

- RSC suggests each team assign a dedicated parent volunteer or assistant coach (i.e., a ‘safety volunteer’) to monitor social distancing and compliance with the guidelines in this document regarding social distancing, hygiene, and the use of cloth face coverings when necessary.
- Parents/guardians and spectators are required to bring to practices, games, and training sessions cloth face coverings and wear them upon arrival and departure from the fields., parking lot and while around other spectators, players, coaches, and volunteers when social distancing of 6ft or more is not possible.
- During games, Raymond Soccer Club spectators are not allowed on the field unless called on. Please recognize any added field lines that encourage social distancing at both home and away games.